# ANS 212: Introduction to Agricultural Biochemistry LECTURE SERIES 101

ΒY

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# CHEMISTRY OF DIFFERENT FOOD GROUPS: CARBOHYDRATES

#### **GENERAL OVERVIEW**

- General characteristics of carbohydrates/sugars
- Monosaccharides
  - Aldoses and Ketoses
  - Linear and ring formation in aldoses and ketoses
- Disaccharides
  - The O-glycosidic bond
  - Examples of disaccharides
- Polysaccharides
  - Structural polysaccharides, eg. Cellulose, Chitin
  - Storage polysaccharides, eg. Starch and Glycogen
  - Glycosaminoglyccans
- Reactions of carbohydrates
- Important carbohydrates in nature



#### **GENERAL CHARACTERISTICS OF CARBOHYDRATES/SUGARS**

- They are a class of nutrients
- They are the most abundant of macronutrients
- Basic units are monosaccharides
- Polymeric in nature
- Contain functional group of aldehydes or ketones in addition to the alcohol functional group

H 
$$O$$
  
 $R - C = O$   $R - C - R$   
Aldehyde functional group Ketone functional group

- They are poly alcohols
- They carry out reactions of alcohols and aldehydes or ketones
- They are an energy source to living organisms

### MONOSACCHARIDES

They are the basic units of carbohydrates, simple sugars

- General formula C<sub>n</sub>H<sub>2n</sub>O<sub>n</sub> or (CH<sub>2</sub>O)<sub>n</sub> where n=3 or more
   Eg. C<sub>3</sub>H<sub>6</sub>O<sub>3</sub> (glyceraldehyde or dihydroxyacetone), C<sub>6</sub>H<sub>12</sub>O<sub>6</sub>(glucose or fructose)
- Classified according to no. of C-atoms (trioses, tetroses, pentoses...)
- Soluble in water

- Spatial arrangement Isomerism
- In solution they form cyclic hemiacetals and hemiketals
- Common examples in nature: Glucose, Fructose & Ribose
- They are either Aldoses and Ketoses
- They are reducing sugars
- Serve as energy sources when oxidised





CH<sub>2</sub>OH



 $\alpha$ -Glucose

## **DISACCHARIDES**

- Two monosaccharide units joined together
- Most are sweet in taste
- Common disaccharides in nature include maltose, sucrose and lactose
- Joined by O-glycosidic bond
- Maltose, sucrose and lactose
  - Maltose = glucose + glucose
  - Sucrose = glucose + fructose
  - Lactose = glucose + galactose
- Some are reducing sugars

# POLYSACCHARIDES

- Structural polysaccharides
  - Cellulose
  - Chitin

- Storage polysaccharides
  - Starch
  - Glycogen
- Glycoseaminoglyccans